

Lesson 20 - God gave us Taste

Aim

- * To explore the 4 flavours: salty, sweet, sour and bitter
- * To learn that God gave us the sense of taste to give us joy

Materials

- * Pictures of the five senses
- * Taste, by Maria Ruis
- * Solutions of salt, sugar, lemon, and baking soda, plus cotton buds
- * A variety of things to taste that are salty, sweet, sour and bitter. e.g. lemon, chocolate, apple, banana peel, salty crisps, peppermint, etc..
- * word cards - sweet, sour, salty, bitter
- * A picture of a boy eating with space to stick pictures
- * glue & scissors
- * Blindfolds

Lesson Outline

1. Introduction
 2. Book & Discussion
 3. Activities - tasting food, identifying food, cut & paste pictures
 4. Review aims
 5. Prayer
-

1) Introduction

Review the five senses and talk about the mouth. Use a mirror. Notice the different parts: lips, teeth, tongue. Today we are going to learn about the tongue and the sense of taste.

2) Book & Discussion

What is your favourite food? What food don't you like. What would it be like if we couldn't taste?

TASTE by Maria Ruis	
This tastes good to me! But this tastes terrible! Pastries taste good to me. So does chocolate. Oranges are delicious. And milk is yummy! Honey is very sweet but lemons are very sour Sea water is salty.	Garlic and onions have a strong taste. But what does water taste like? Like nothing at all. And what does meat taste like? Like meat of course. The way you tell how something tastes is with your TONGUE.

3) Activities

- * Ask children to dip one end of a cotton bud in the solutions of salt, sugar, lemon, and baking soda, one substance after another, and have them taste each. Can the children describe the flavors. Tell them are four different flavors we can taste with our tongue: SALTY, SWEET, SOUR, BITTER. Which taste do they like most? Which do they like least. Put a label next to each solution with the four words.
- * Children taste different foods and decide whether they are salty, sweet, sour or bitter. They put each food into the right group
- * Blindfold the children. Give them food to taste. Can they identify them? Which do they like? Which don't they like?
- * Children cut out small pictures and stick them on picture of a boy eating a meal

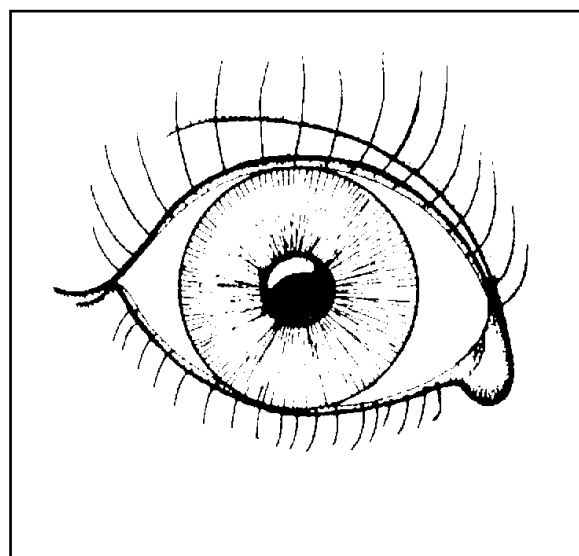
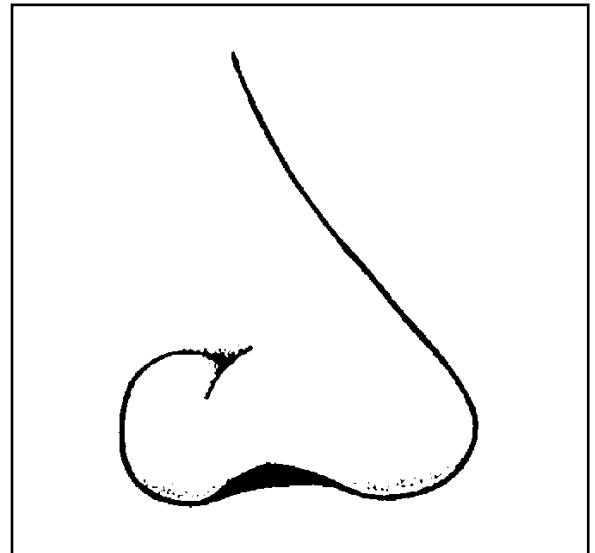
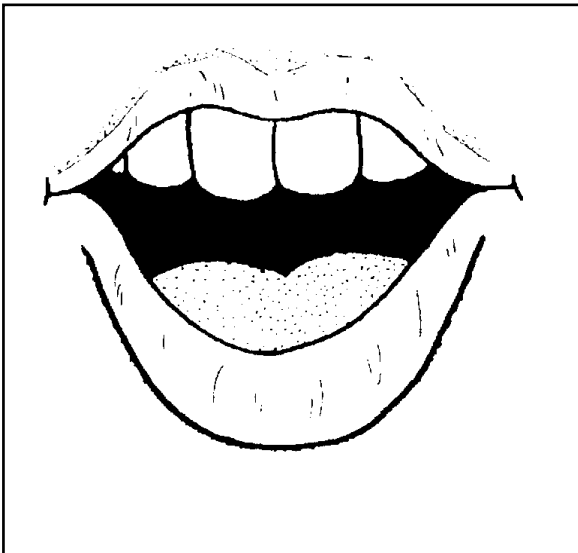
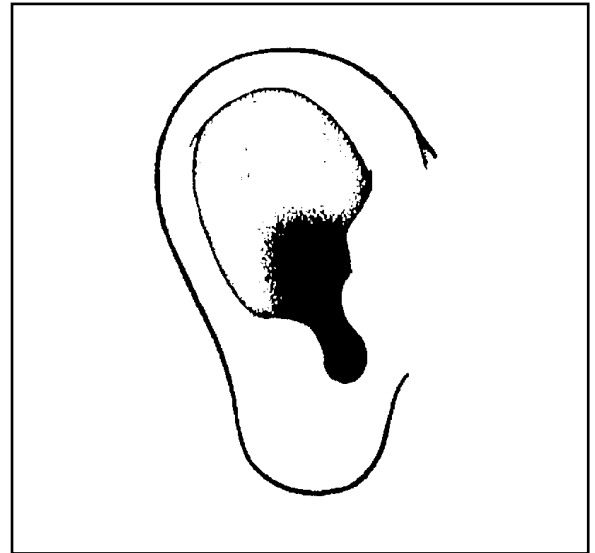
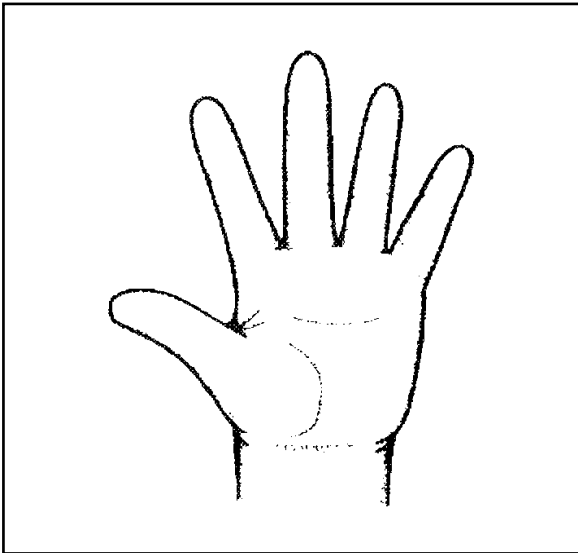
4) Review the aims of the lesson

To explore the sense of taste

To learn that God gave us the sense of taste to give us joy

5) Prayer

Say a prayer to thank God for giving us the gift of taste



Taste, by Maria Rius

This tastes good to me!

But this tastes terrible!

Pastries taste good to me.

So does chocolate.

Oranges are delicious.

And milk is yummy!

Honey is very sweet . . .

. . . but lemons are very sour

Sea water is salty.

Garlic and onions have a strong taste.

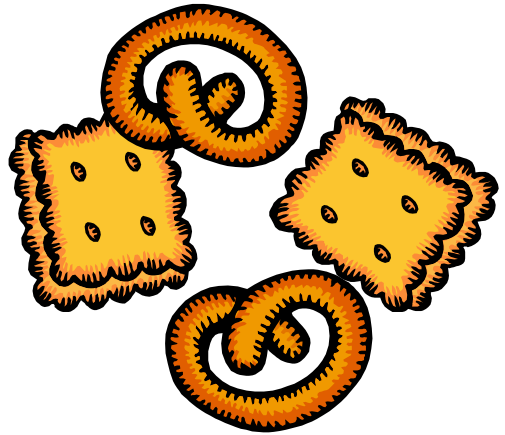
But what does water taste like? Like nothing at all.

And what does meat taste like? Like meat of course.

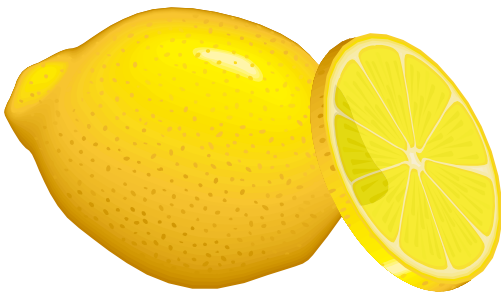
The way you tell how something tastes is with your TONGUE.



Sweet



Salty



Sour



Bitter

salty

sweet

sour

bitter

God gave us taste



